

What is fluoride?

The fluoride ion is derived from the abundant, naturally-occurring mineral fluorine. Small amounts of fluoride occur in all raw water sources such as lakes, rivers, and streams.

Why is fluoride added to the water supply?

The addition of fluoride to the treated water supply improves the public's oral health and assists in the prevention of tooth decay.

What is water fluoridation?

Water fluoridation is the adjustment of natural fluoride in the treated water supply to a level recommend by the World Health Organization. The U. S. Centers for Disease Control and the American Dental Association endorse fluoridation of drinking water.

Who is responsible for fluoridating my water supply?

The NTMWD, as a wholesale treated water supplier to the region, is responsible for fluoridation of the treated water supply prior to distribution.

When did fluoridation of NTMWD's water supply begin?

The NTMWD began adding fluoride to the water in its systems in 1981 at the request of its Member Cities and after approval by the NTMWD Board of Directors.

What is the concentration of fluoride in my drinking water?

Monthly [water quality reports](#), which include fluoride levels, are posted on the NTMWD Web site. Fluoride levels are also included in the [Consumer Confidence Reports](#) distributed annually to and posted on the NTMWD Web site at the following link: <http://www.ntmwd.com/CCR.html>

Who regulates fluoride in drinking water?

The [United States Environmental Protection Agency](#) regulates drinking water through the Safe Drinking Water Act.

Where can I find more information on fluoride?

American Water Works Association <http://www.awwa.org/>

American Dental Association <http://www.ada.org>

Center for Disease Control and Prevention <http://www.cdc.gov/>